



DEERFIELD

PUB AT GLEN ARBOUR

WEEKEND BRUNCH 10AM - 3PM

TROPICAL SUNSHINE SMOOTHIE (V)	8
Mango, banana, pineapple juice, coconut milk, Greek yogurt	
WARM CHEDDAR BISCUITS (2) (V)	6
House-made biscuits with butter and honey	
CLASSIC EGGS BENEDICT	17
Ham, poached eggs, toasted English muffin, hollandaise, served with home fries	
SMOKED SALMON BENEDICT	19
Nova Scotia smoked salmon, poached eggs, toasted English muffin, hollandaise, served with home fries	
ATLANTIC BENEDICT	19
Crab & Haddock cakes, poached eggs, hollandaise, served with home fries	
ARBOUR BREAKFAST	13
2 eggs, bacon or sausage, served with home fries & multi-grain toast	
FULL SCOTTISH	17
2 eggs, rasher, sausage, bacon, beans, served with home fries, grilled tomato & multi-grain toast	
LOX & BAGEL	18
Izzy's sesame bagel, Nova Scotia smoked salmon, cream cheese, pickled red onion, cucumber, capers, arugula	
BANANA BREAD FRENCH TOAST	14
Served with whipped cream and maple syrup	
AVOCADO TOAST	16
Smashed avocado, 2 eggs, tomato, arugula, Romesco sauce, sesame seeds, served on toasted multi-grain bread	
STEAK & EGG HASH	20
Sliced striploin steak, 2 eggs, fingerling potatoes, caramelized onion, red pepper, toast	
BACON & EGG SAMMIE	13
Toasted English muffin, cheddar, lettuce, tomato, mayo, served with home fries	
CRISPY FISH SAMMIE	16
Keith's battered haddock, pickled onion, arugula, lemon tarragon aioli, sesame seed bun, served with home fries	
BREAKFAST BURRITO BOWL	17
Rice, sweet potato, chili beans, feta, arugula, guacamole, salsa, chipotle mayo, 2 eggs	
BEET & APPLE SALAD (V)	8/15
Arugula, roasted beets, dried apples, goat cheese, candied pumpkin seeds, apple cider vinaigrette	

SIDES

HOME FRIES	4
THREE STRIPS SMOKED BACON	5
TWO RASHER	4
THREE SAUSAGES	4
HAM	4
TWO EGGS	3
CHEDDAR BISCUIT	3
MULTI-GRAIN TOAST W/ BUTTER	3
SMOKED SALMON	7

KIDS MENU

Kids meals served with choice of fries, salad, or mashed potatoes

KIDS HOTDOG	5
KIDS MAC & CHEESE	7
KIDS BURGER	7
KIDS CHICKEN FINGERS	7
KIDS CHEESE NACHOS	7

(V) indicates vegetarian options

Ask your server for Gluten Free or Vegan Options.

GLEN ARBOUR, HAMMONDS PLAINS, NOVA SCOTIA
