

The Grill

at Glen Arbour



Soup of the Day

\$6.50

Ask your server about today's house made soup creation. Served with a buttermilk biscuit.

Soup & Sandwich

\$10.50

Ask your server about the chef's choice of sandwich. Served with today's soup.

Munchie Platter

\$15.00

A platter of pickle fries, sweet potato fries, potato cheddar perogies and panko onion rings. Served with sour cream and chipotle aioli.

Hummus

\$10.00

House made hummus served with grilled flatbread and veggie sticks.

Nachos

\$14.00

Tri-colour corn chips loaded with cheese, green onion, tomato and jalapenos. Served with salsa and sour cream. Add chicken for an additional \$4.00. Add a side of guacamole for an additional \$2.00.

Wings

\$15.00

1 lb. of naked wings with a choice of sauces.

Caesar Salad

Sm \$6.00

Crisp romaine lettuce topped with parmesan cheese, bacon bits and house made garlic croutons. Lg \$9.00

Spinach Salad

Sm \$7.00

Spinach topped with roasted chicken, pomegranate seeds and croutons. Served with Honey Dijon dressing. Lg \$10.00



thegrill@glenarbour.com
www.glenarbour.com

Phone: (902) 835-4653
Fax: (902) 229-0964

40 Clubhouse Lane
Hammonds Plains, NS
B4B 1T4

Breakfast Sandwich	\$7.00
Scrambled eggs, bacon and cheese on a hoagie flatbread. Served with home fries.	
Steak Sandwich	\$12.00
Thinly sliced rib eye, horseradish mayonnaise, grilled peppers and onions on a rustic burger bun. Served with a salad garnish.	
Clubhouse Sandwich	\$12.00
Chicken, crisp bacon, lettuce, tomato and cheddar on whole wheat toast. Served with a salad garnish.	
Veggie Burger	\$13.00
Vegetarian patty topped with lettuce, tomato and roasted garlic aioli. Served with a salad garnish.	
BBQ Burger	\$12.00
Hamburger patty with spicy maple barbeque sauce, crispy onions, lettuce, tomato and bacon. Served with a salad garnish. Add cheese for an additional \$1.00.	
Glen Arbour Burger	\$13.00
Hamburger patty with Thousand Island dressing, guacamole, bacon and jalapeno Monterey Jack cheese. Served with a salad garnish.	
Fish & Chips	\$13.00
Arbour Ale battered fish with house made tartar sauce. Served with french fries.	
Pan Fried Haddock	\$13.00
Pan fried haddock with lemon pepper seasoning. Served with vegetables and roasted potatoes.	
Pesto Linguine	\$12.00
Linguine tossed with chicken, pesto, spinach and sundried tomatoes. Substitute two shrimp skewers for an additional \$4.00.	
Quesadilla	\$11.50
A tortilla filled with roasted chicken, sweet bell peppers, onions and melted cheese. Served with salsa and sour cream.	
Side of Fries	\$2.00
Basket of Fries	\$5.00
Make it a poutine for an additional \$3.00.	
Side of Sweet Potato Fries	\$3.50
Basket of Sweet Potato Fries	\$7.00

**Please ask your server for our gluten free options and advise of any allergies!
All prices exclude HST.**

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Dessert Menu

Donut Holes

\$7.00

Cinnamon sugar donut holes with caramel, chocolate and chocolate whip cream dipping pots.

Gluten Free Brownie

\$7.00

Gluten free brownie sundae with ice cream, chocolate whip cream and caramel sauce.

Ask your server about our specialty coffees or enjoy a glass of sparkling wine!



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Kid's Menu

10 & Under

Fish & Chips

\$8.00

Battered fish with house made tartar sauce. Served with french fries.

Grilled Cheese

\$8.00

Cheddar filled whole wheat grilled to perfection. Served with french fries.

Hot Dog & Fries

\$8.00

All-time favourite served with french fries.

Chicken Fingers & Fries

\$8.00

Breaded strips of white meat chicken. Served with french fries.

Each kid's meal includes a scoop of vanilla ice cream for dessert!
All prices exclude HST.